

## CHARACTER DEFECTS

|  | <b>SELFISH</b>                                     | <b>DISHONEST</b>                               | <b>SELF SEEKING</b>  | <b>FRIGHTENED (OF)</b>                      |
|--|--|--|--|---|
|  | Not seeing others point of view, problems or needs | Not seeing or admitting where I was at fault   | Manipulating others to do my will                                | Peoples' opinions                           |
|  | Wanting things my way                              | Having a superior attitude-thinking I'm better | Putting others down internally or externally to build me up      | Rejection, abandonment                      |
|  | Wanting special treatment                          | Blaming others for my problems                 | Engaging in character assassination                              | Loneliness                                  |
|  | Wanting others to meet my needs - dependence       | Not admitting I've done the same thing         | Acting superior  | Phyiscal injury, abuse                      |
|  | Wanting what others have                           | Not expressing feelings or ideas               | Acting to fill a void  | Not being able to control or change someone |
|  | Wanting to control - dominance                     | Not being clear about motives                  | Engaging in gluttony or lusting at the expense of another person | My inferiority, inadequacy                  |
|  | Thinking I'm better - grandiosity                  | Lying, cheating, stealing                      | Ignoring others' needs   | Criticism                                   |
|  | Wanting to be the best                             | Hiding reality- not facing facts               | Trying to control others   | Expressing ideas or feelings                |
|  | Thinking others are jealous                        | Stubbornly holding on to inaccurate beliefs    | Getting revenge when I don't get what I want                     | Getting trapped                             |
|  | Wanting others to be like me                       | Breaking rules                                 | Holding a resentment   | Exposure, embarrassment                     |
|  | Being miserly, possessive                          | Lying to myself                                | Acting to make me feel good                                      |   |
|  | Wanting more than my share                         | Exaggerating, minimalizing                     |  |   |
|  | Reacting from self loathing, self righteousness    | Setting myself up to be "wronged"              |  |   |
|  | Too concerned about me                             | Expecting others to be what they are not       |  |   |
|  | Not trying to be a friend                          | Being perfectionistic                          |  |   |
|  | Wanting to look good or be liked                   |  |  |   |
|  | Concerned only with my needs                       |  |  |   |
|  |  |  |  |   |